

On your first visit, you'll be seen by the doctor and nurse practitioner. We will perform an exam, laboratory service and you'll purchase your HCG kit. Afterwards you will participate in a detailed orientation of the program in a group setting. You'll want to reserve up to three hours for this visit.

Charges for your first visit will be \$681.13 and includes a thorough physical examination, blood work, body composition test, as well as your *HCG Kit ([see program details for what's included in the kit](#)). We are a provider for BC/BS of IL PPO and Medicare. If you have one of these two carriers you'll want to bring your insurance card with you and you would be responsible for any deductible, co-pay, co-insurance or any non-covered services at the time of service. If you have any other insurance, you would be required to pay for your services in full and will be provided with a receipt that you may send in to your insurance carrier.

*Please note that the HCG kit is not reimbursable by any insurance carrier and costs \$350 + tax, inclusive of the initial visit fee noted above.

Our office currently accepts VISA/MC the Discover card and cash – no personal checks are accepted.

Further more, you will be scheduled for 4 follow-up visits every two weeks with the doctor to monitor your progress. These appointments will be \$50 and can be scheduled Monday thru Friday during our regular business hours.

The paperwork you will need to fill out can be found on our website at www.peotonewellness.com. Click on the 'New Patients' tab; there is a drop down menu and you'll want to click on 'on-line paperwork'. Please be sure to bring your completed paperwork with you on your first appointment. If you do not have access to the on-line paperwork, please arrive 30 minutes prior to your appointment time so that you may then complete the necessary forms.

To reserve your initial appointment, we require a \$50 deposit, which will be used toward the cost of your first visit. If, however, you fail to keep the scheduled appointment, the deposit will be forfeited as a missed appointment fee.

Comparative Weight Loss Programs and Pricing

Jenny Craig claims you can lose ½ to 2 pounds a week on their program (you will lose ½ to 1 lb per DAY on ours). With Jenny Craig, you will be spending anywhere from \$550-\$650/month which may or may not include enrollment fees which vary widely and give you, the customer, nothing for that fee. Our initial costs include a very detailed physical examination and blood work by licensed medical personnel and experts in the medical and weight loss field. The level of success to maintain weight loss is reputed to be low.

Nutrisystem also claims a ½ to 2 lb. per week weight loss, but has gotten a very bad reputation for hidden fees within the contract and unhealthy and unappetizing foods. On our program you will shop for your food at your local grocery store – no artificial foods here!

Weight Watchers offer their program for \$29.95 sign up fee and 10-12 dollars weekly, but you have to attend the weekly weigh-ins or you will be fined. Also if a person who wanted to lose 30 pounds went on this diet, it would take them more than 6 months to lose the weight and cost upwards of \$300 just for the weekly fees, but where weight watchers really makes their money is in selling you meals, brownies and bars...that aren't natural or healthy.

Comparative HCG programs: We have checked out our competition and have found that other HCG programs are priced at 2-3 times more than ours and they may require injections of the HCG or may be selling homeopathic HCG (which is not HCG at all).

OUR PROGRAM: No shakes, or pre-packaged foods to buy. No needles or injections!!!